

## ABOUT IRVING RECREATION CENTER

Irving Recreation Center has been serving the Lincoln community since 1977 with a multitude of high quality programs and services for all ages:

- Open public drop-in
- Fitness room
- Court reservations
- Facility rentals
- Programs for all ages
- Meeting rooms
- Equipment loan program
- Preschool
- Summer day camp programs: elementary and middle school
- Teen dances
- Family events
- Open gym for youth
- After school programs for Irving Middle school students

We welcome you to visit Irving Recreation Center at any time to tour our facilities and meet our staff.

If you have any questions, please call us at 402-441-7954.

## IRVING RECREATION CENTER IS CLOSED:

- Labor Day
- Veterans Day
- Thanksgiving Day
- Day After Thanksgiving
- Christmas Day
- New Year's Day
- M.L. King Jr. Birthday
- Presidents' Day
- Memorial Day
- Independence Day
- Election Days (the rec. center is a polling location)



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Lincoln Parks and Recreation

# IRVING RECREATION CENTER



Middle School Students

# FOR MIDDLE SCHOOL STUDENTS

## OUR FACILITY

Irving Recreation Center is a Lincoln Parks and Recreation facility. The center is accessible from within Irving Middle School, and our main entrance is located on the southwest corner of the building. Our youth-friendly facility offers:

- Homework Room
- Classrooms
- Teen Center
- Game tables (pool, foosball and table tennis)
- Video game systems and board games
- Lounge areas
- Gymnasium
- Fitness Room



## MIDDLE SCHOOL PROGRAMS

### AFTER SCHOOL DROP-IN

During open drop-in programs, participants self-direct their activities. Many things take place during this time: billiards, games, homework assistance and special events as scheduled (i.e. tournaments, crafts, parties, etc.). Drop-in hours offer young people the opportunity to socialize and recreate in a safe, positive environment that provides caring supervision during out-of-school time.

### CLUBS AND CLASSES

Irving Recreation Center provides many opportunities for young people to explore hobbies and interests. These programs support academic curriculum, provide leadership and service learning experiences, and help participants use their time constructively. Enrichment programs vary with the interests of students.

## SCHOOL DAYS OFF

Irving Recreation Center is open for free drop-in at 1 p.m.

## SUMMER CAMP

Our summer day camp program for middle school students is one of the hottest in town. Registration begins in January, and we fill up fast. Contact our office for more information.

## DEVELOPMENTAL ASSETS

Research has identified universal building blocks of development (“assets”) that allow children to grow up healthy, caring and responsible. Irving Recreation Center programs for youth are specifically developed to assist young people in building these assets:

- SUPPORT
- EMPOWERMENT
- BOUNDARIES AND EXPECTATIONS
- CONSTRUCTIVE USE OF TIME
- COMMITMENT TO LEARNING
- POSITIVE VALUES
- SOCIAL COMPETENCIES
- POSITIVE IDENTITY